

Fritjof Capra, PhD, is a physicist and systems theorist, a founding director of the Center for Ecoliteracy in Berkeley, CA, and on the faculty of the Beahrs Environmental Leadership Program at the University of California, Berkeley. Dr. Capra is the author of several international bestsellers, including *The Tao of Physics* (1975), *The Web of Life* (1996), *The Hidden Connections* (2002), and *The Science of Leonardo* (2007). He is currently working on a multidisciplinary textbook, *The Systems View of Life*, coauthored with Pier Luigi Luisi, to be published by Cambridge University Press. He lives in Berkeley, CA.

Michael Cornwall, PhD, LMFT has done therapy with people in extreme states since 1980 in medication-free sanctuaries and community settings. He completed his doctoral research on the Jungian sanctuary, *Diabasis*, and leads Esalen workshops and conferences on extreme states. He blogs on www.madinamerica.com.

Frank Echenhofer, Ph.D., received his doctorate in Developmental Psychology and later received clinical training and is currently a licensed psychologist living and practicing in San Francisco, California. He is also a professor of Clinical Psychology at the California Institute of Integral Studies and served as its program director for 3 years. His specializations, which bridge east-west psychology, are in the general areas of eastern and western comparative psychology, philosophy, and psychophysiology. Frank has conducted EEG meditation & qualitative research in India, in collaboration with the Dalai Lama and with meditators in the United States. He is currently involved in research studies examining the potential benefits of the shamanic brew ayahuasca to facilitate the healing of depression, and to enhance creativity and spiritual development.

Nita Gage, DSPS, trained with R.D. Laing and his associates at the Philadelphia Association from 1974-1980. She left London and returned to America in 1980 and pursued post-graduate education in psychology and psycho-spiritual studies. She trained and studied with shamanic teachers and specializes in integrative psycho-spiritual healing. Nita is co-founder of the NeuroImaginal™ Institute, www.neuroimaginalinstitute.com; Director of Healer Within Retreats, www.healerwithinretreats.com, teaching medical and addiction professionals NeuroImaginal Practices for health and well being. She is the author of *The Women in Storage Club, How to Reimagine Your Life*, a book that addresses self-awareness and resiliency through NeuroImaginal practices. She lives in Cambridge, England and Marin County, CA.

Jack Gipple, MA, LPC, CAC III, is a psychotherapist and clinical supervisor with Windhorse Community Services, in Boulder Colorado, where he has worked since 1999. He received an MA in Transpersonal Psychology in 1991 and currently serves on the Windhorse Board of Directors. He has taught at Naropa University in the Masters Contemplative Psychology Department and recently co-authored an article with Chuck Knapp, "Windhorse Treatment: Group Dynamics Within Therapeutic Environments," published in *Group: The Journal of the Eastern Group Psychotherapy Society*.

Rebecca Greenslade is a psychotherapist, supervisor and meditation teacher based in London. Her research focuses on psychotherapeutic practice as a form of philosophical praxis and the ethics of social activism within psychotherapy practice. Deeply inspired by the work of R.D. Laing, Rebecca organized the *R.D. Laing in the 21st Century Reading Group* forum in London. She is a Zen practitioner and student.

Will Hall, MA, Dipl.PW, PhD Candidate Maastricht University, is a therapist, teacher, and community development worker. His schizophrenia diagnosis at Langley Porter Psychiatric Institute inspired him to become a survivor movement organizer, including with Freedom Center, Portland Hearing Voices, The Icarus Project, and Madness Radio. Author the Harm Reduction Guide to Coming off Psychiatric Drugs (translated into 13 languages), Will has a certification in Open Dialogue with the Institute for Dialogic Practice, and his recent teaching includes Sigmund Freud University in Ljubljana Slovenia and at INTAR in Pune India. A longtime meditator and yoga practitioner, Will lives with altered states of consciousness, and since his teens has been a social movement activist, including with Bay Area's the Resource Center for Nonviolence and Earth Island Institute. His new book is *Outside Mental Health: Voices and Visions of Madness*.

Michelle Anne Hobart is a practitioner of energy medicine and holistic health educator. She holds a BS in Biology and an MA in Philosophy, Cosmology, and Consciousness. Currently, she is doing coursework in Integral Counseling Psychology at California Institute of Integral Studies. Michelle is an advocate for the Neurodiversity movement and a certified Spiritual Emergence Coach.

Douglas Kirsner, PhD, holds a Chair in Philosophy and Psychoanalytic Studies at Deakin University, Melbourne, Australia. He is the author of *The Schizoid World of Jean-Paul Sartre and R. D. Laing* (2003), and *Unfree Associations: Inside Psychoanalytic Institutes* (2009). He lived in one of the post-Kingsley Hall, Philadelphia Association households during the 1970s and has retained a special research interest in Laing's work. His 1980 interview with Laing was published in *The Psychoanalytic Review* (April, 2013). He lives in Melbourne.

Heather LaFace, PhD, is on the Adjunct Faculty at Antioch University Santa Barbara as well as at Pacific Graduate Institute. She is in private practice in Los Angeles and Orange County where she works within a framework of attachment and relational theory. Her current writing and research interests explore paradigm-shifting connections between neuroscience, philosophy, and social theory, with a special interest in approaching extreme states from a developmental systems orientation. She lives in Los Angeles.

Ralph Metzner, Ph.D. is a pioneer in psychological, philosophical and cross-cultural studies of consciousness and its transformations. He collaborated with Leary and Alpert in classic studies of psychedelics at Harvard University in the 1960s, co-authored *The Psychedelic Experience* and was editor of *The Psychedelic Review*. He is a psychotherapist and Professor Emeritus at the California Institute of Integral Studies. His books include *The Unfolding Self*, *The Well of Remembrance*, *Green Psychology*, *Allies for Awakening* and the just published *Ecology of Consciousness*. He is also the president and co-founder of the Green Earth Foundation. <http://www.greeneearthfound.org>

James Norwood is a doctoral candidate at the California Institute of Integral Studies, in the PsyD program in Clinical Psychology.

James Penner, PhD is an Associate Professor of English at the University of Puerto Rico, Rio Piedras. He is the author of *Pinks, Pansies, and Punks: The Rhetoric of American Literary Culture* (2011) and *Timothy Leary: The Harvard Years* (2014). He is also a contributor for the *Los Angeles Review of Books*, and divides his time between Los Angeles and Puerto Rico.

Michael Guy Thompson, PhD, received his psychoanalytic training from R. D. Laing, with whom he was in supervision, and Hugh Crawford at the Philadelphia Association in London, and served as the organization's administrator from 1973-1980. He is Personal and Supervising Analyst and Faculty Member, Psychoanalytic Institute of Northern California, San Francisco, and Adjunct Professor at the California School of Professional Psychology and the California Institute of Integral Studies, both in San Francisco. He is the author of more than 100 journal articles, book chapters, and reviews, as well as five books, *The Death of Desire: A Study in Psychopathology* (1985), *The Truth About Freud's Technique: The Encounter with the Real* (1994), and *The Ethic of Honesty: The Fundamental Rule of Psychoanalysis* (2004), *The Legacy of R. D. Laing: An Appraisal of His Contemporary Relevance* (2015), and *The Death of Desire: An Existential Study in Sanity and Madness* (2016), an extensively revised and expanded edition of the original, published by Routledge. He lives in Marin County, CA.

Connor Tindall is a doctoral candidate at the California Institute of Integral Studies, in the PsyD program in Clinical Psychology.

Andrew Turkington, LMFT trained as a psychiatric nurse in the U.K. and later moved to the U.S. where he received his psychoanalytic training from Michael Guy Thompson and associates at Free Association, Inc. in San Francisco. He now teaches Psychiatric Nursing at Unitek College in Hayward, California and is in private practice in Alameda and San Francisco. His interests include phenomenology and scepticism.

Dina Tyler is the Director of Peer & Family Services at PREP (Prevention and Recovery in Early Psychosis) and BEAM (Bipolar Early Assessment Management) for the Felton Institute. She is a Co-Founder and Board Member of the Bay Area Hearing Voices Network and is a facilitator of the Voices, Visions, and Different Realities Support group in San Francisco, California. She is the Co-Director of the Bay Area Mandala Project, a group working to create whole health alternatives for people experiencing extreme states. She was awarded the prestigious Peer Specialist of the Year by the National Council for Behavioral Health in 2015.

R.D. LAING IN THE 21ST CENTURY: WHAT ARE ALTERED REALITIES?

Dreams & Schemes

July 17-20, 2017

In addition to the accompanying Program Schedule, we are adding an additional component that allows those of you who are not formally on the Program to share your work or interests with other workshop participants who may be interested in meeting with you. The following DREAMS AND SCHEMES elective talks will convene during our afternoon break, either sometime between 12:30 and

3:30 or between 12:00 to 4:00, depending on the day in question, during the times indicated unless subsequently changed by the leader.

The venue for the meetings will occur in the Nautilus Meeting Room following lunch. You are free to attend as many of these as you wish.

MONDAY – JULY 17

1:30 - 3:00 pm

Heather LaFace, PhD*Experiential Viewpoints*

What does it mean to *find one's way through the world*? How are selfhood and world united at radically embodied levels? How does our movement through the world disclose our subjectivity to us through experiences of feeling real or unreal or in an altered state? This experiential workshop will challenge traditional individualist, cognitivist, and linear notions of agency, motivation, and selfhood while privileging experience itself as a rich field of relations in which we are *always already engaged*. Participants will engage in nonverbal, embodied-process exercises aimed at developing an interactive awareness of the relational openings between self/world that inform our movement through it. We will play with some simple exercises that will allow participants the freedom to take part in ways that feel safe and comfortable.

TUESDAY – JULY 18

1:30 - 3:00 pm

Andy Turkington*Ideas Useful for Helping Those in Distress*

What is it that people need to know when trying to help those in distress? The question occurred when I started teaching psychiatric nursing to undergraduate nurses. What had I learned over my career about helping people diagnosed with a "mental illness"? Was there anything essential that I could pass on to the next generation of nurses that I could convey in the limited time we had together? This informal group is offered as an opportunity to talk about what it is that each of us has found to be a fundamental idea, or approach, that would be useful, perhaps even essential, in helping those in distress.

WEDNESDAY – JULY 19

1:30 - 3:00 pm

Michelle Anne Hobart*Extraordinary States, Initiation, and Authenticity: The Role of the Trickster in Spiritual Emergence*

When the comfortable road of remaining the same becomes unbearable and the need for a radical inner transformation is at hand, the trickster appears to upend what is known and familiar and exposes the awe-inspiring, if not terrifying, path of initiation. For me, this process was as much a shedding as it was a reclaiming of hidden parts of myself and finding the places that still needed to be attended to. Through enduring this authenticity training, I was catalyzed into a whole new life and purpose, ultimately receiving access to more resourcing and alignment.

THURSDAY – JULY 20

1:30 - 3:00 pm

Nita Gage*Soul Whispering: The Art of Awakening Shamanic Consciousness: ASILOMAR BOOK PARTY!*

Nita will present her new book *Soul Whispering: The Art of Awakening Shamanic Consciousness*, and do a reading from the book in this session. Soul Whispering is the term Nita coined that represents the integration of indigenous shamanic healing methods and psycho-spiritual practices. Noting that Laing himself was a shaman, Nita will talk about the innate shamanic nature of psychotherapy. Copies of Nita's book will be available for purchase.

