

**Fritjof Capra, PhD**, is a physicist and systems theorist, a founding director of the Center for Ecoliteracy in Berkeley, CA, and on the faculty of the Beahrs Environmental Leadership Program at the University of California, Berkeley. Dr. Capra is the author of several international bestsellers, including *The Tao of Physics* (1975), *The Web of Life* (1996), *The Hidden Connections* (2002), and *The Science of Leonardo* (2007). His most recent book is a multidisciplinary textbook, *The Systems View of Life*, coauthored with Pier Luigi Luisi, and published by Cambridge University Press in 2014. He lives in Berkeley, CA.

**Michael Cornwall, PhD, LMFT** has done therapy with people in extreme states since 1980 in medication-free sanctuaries and community settings. He completed his doctoral research on the Jungian sanctuary, *Diabasis*, and leads Esalen workshops and conferences on extreme states. He blogs on [www.madinamerica.com](http://www.madinamerica.com).

**Nita Gage, DSPS**, trained with R.D. Laing and his associates at the Philadelphia Association from 1974–1980. She left London and returned to America in 1980 and pursued post-graduate education in psychology and psycho spiritual studies. She trained and studied with shamanic teachers and specializes in integrative psycho spiritual healing. Nita is co-founder of the NeuroImaginal™ Institute, [www.neuroimaginalinstitute.com](http://www.neuroimaginalinstitute.com); Director of Healer Within Retreats, [www.healerwithinretreats.com](http://www.healerwithinretreats.com), teaching medical and addiction professionals NeuroImaginal Practices for health and well being. She is the author of *The Women in Storage Club, How to Reimagine Your Life*, a book that addresses self-awareness and resiliency through NeuroImaginal practices. She lives in Cambridge, England and Marin County, CA.

**Rebecca Greenslade** is a psychotherapist, supervisor and meditation teacher based in London. Her research focuses on psychotherapeutic practice as a form of philosophical praxis and the ethics of social activism within psychotherapy practice. Deeply inspired by the work of R.D. Laing, Rebecca organized the R.D. Laing in the 21st Century Reading Group forum in London. She is a Zen practitioner and student.

**Will Hall, MA, Dipl.PW**, works as a therapist, teacher and community development organizer, including Freedom Center, Portland Hearing Voices, The Icarus Project, Madness Radio, the Harm Reduction Guide to Coming off Psychiatric Drugs (translated into 10 languages), Valley Free Radio, two-year certification in Open Dialogue with Mary Olson, Jaako Seikkula and colleagues, more than 12 years of support group facilitation, and a private practice with individuals and families. A meditator and yoga practitioner, Will lives with altered states of consciousness, and since his teens has also been a social movement activist, including a staff person at the Resource Center for Nonviolence and the Earth Island Institute.

**Edie Irwin**, co-editor of Akong Tulku Rinpoche's *Taming the Tiger* (Rider) and is the author of *Healing Relaxation* (Rider); both are available online. Edie studied with R. D. Laing in India and London in the 1970s and since 1980 has worked under the guidance of Akong Tulku Rinpoche. She is currently a member of the Tara Rokpa Therapy Training faculty and practices psychotherapy in Edinburgh, Scotland.

**Yana Jacobs, LMFT** is currently a Senior Program officer at the Foundation for Excellence in Mental Health Care, [www.mentalhealthexcellence.org](http://www.mentalhealthexcellence.org) a private community foundation with a mission to bring alternatives into the mainstream public and private sectors. She began her work at Soteria House as a staff member in the mid 70s, mentored by Loren Mosher, MD. Soteria House became her foundation as she moved into other areas of employment within the mental health field. Yana spent over 30 years working both in private practice as a therapist and in the public sector at Santa Cruz County Mental Health in California. She first worked with their crisis team and later became the Chief of Adult Outpatient/Recovery services. As an ally to people with lived experience she implemented a Peer-Run Respite House, funded by a SAMHSA Transformation Grant. Yana believes we must work both as an activist on the outside and with our allies on the inside if we are going to bring about real change.

**Douglas Kirsner, PhD**, holds a Chair in Philosophy and Psychoanalytic Studies at Deakin University, Melbourne, Australia. He is the author of *The Schizoid World of Jean-Paul Sartre and R. D. Laing* (2003), and *Unfree Associations: Inside Psychoanalytic Institutes* (2009). He lived in one of the post-Kingsley Hall, Philadelphia Association households during the 1970s and has retained a special research interest in Laing's work. His 1980 interview with Laing has recently been published in *The Psychoanalytic Review* (April, 2013). He lives in Melbourne.

**Chuck Knapp**, a student of Chogyam Trungpa and graduate of Naropa University, worked closely with Ed Podvoll, founder of Windhorse, for many years. He was a founding member and Director of Friendship House, a residential treatment home for people suffering extreme mental states, and co-founded Windhorse Community Services in Boulder, Colorado, where he now serves as a Co-Director. He has published extensively on his work at Windhorse and has a special interest in exploring mindfulness-based therapeutic environments for both individual and social well-being.

**Heather LaFace, PhD**, is on the Adjunct Faculty at Antioch University Santa Barbara as well as at Pacific Graduate Institute. She is in private practice in Los Angeles and Orange County where she works within a framework of attachment and relational theory. Her current writing and research interests explore paradigm-shifting connections between neuroscience, philosophy, and social theory, with a special interest in approaching extreme states from a developmental systems orientation. She lives in Los Angeles.

**Scott Lines, PhD**, is a psychologist and psychoanalyst practicing in Berkeley and San Francisco. He is on the clinical faculty of the California Institute of Integral Studies as well as Access Institute for Psychological Services, both in San Francisco. His theoretical and research interests focus on British object relations theory, the phenomenology of altered states, and the neurological processes involved in human relationships. His spiritual practice is grounded in Zen Buddhist philosophy. He is a member of the Psychoanalytic Institute of Northern California. He lives in Berkeley, CA.

**Matthew Morrissey LMFT**, is a psychotherapist in private practice in San Francisco. He is the co-author and co-editor of *A Way Out of Madness: Dealing with Your Family After You've Been Diagnosed with a Psychiatric Disorder*. Matthew interned for two years at Burch House, a therapeutic community in New Hampshire modeled after PA households in London.

**Nick Putman** is a psychotherapist and Open Dialogue practitioner who specializes in working with people experiencing 'psychosis' with their families. He has spent the last twelve years living and working in a variety of community based services for people experiencing extreme states, including those run by Laing's Philadelphia Association, the Arbours Crisis Center, the Richmond Fellowship, and Windhorse in Massachusetts. He has trained in the Open Dialogue process with Mary Olson and Jaako Seikkula in the U.S. and has visited the Open Dialogue teams in Western Lapland. Over the past two years Nick has helped to introduce and develop the Open Dialogue approach in the U.K., where the National Health Service is now involved in teaching this method. For more go to: [www.opendialogueapproach.co.uk](http://www.opendialogueapproach.co.uk)

**Steve Sorkin, PhD** was actively involved with R. D. Laing and the Philadelphia Association for several years in the 1970s and continues to remain an associate member there. Dr. Sorkin is a licensed clinical psychologist and has provided clinical services in traditional and alternative settings. He has held faculty positions at George Washington University and the American School of Professional Psychology and a variety of administrative roles, including President of Argosy University/Washington, DC, Dean of The Chicago School of Professional Psychology/Washington, DC, and Associate Executive Director of the American Psychological Association. He consults to graduate education institutions and serves on several boards, including the Executive Committee of the Washington Center for Psychoanalysis at George Washington University, and Free Association, Inc., San Francisco.

**William Stranger** is the founder and editor of *Dharma Café Books* and [www.dharmacafe.com](http://www.dharmacafe.com), an online magazine. He is also the co-founder of the Calistoga Institute, a California-based policy institute dedicated to fostering optimal well-being, cultural regeneration, and inherent unity in the Napa Valley community. A disciple of Adi Da Samraj since 1973, William's background in the history of consciousness, classical spirituality, trans-personal psychology, and post-Cartesian political, scientific, artistic, cultural paradigms, along with his work as peace activist, lecturer, author, literary agent, and publisher, gives him a broad knowledge of today's nascent cultural renaissance. He lives in Berkeley, CA.

**Michael Guy Thompson, PhD**, received his psychoanalytic training from R. D. Laing, with whom he was in supervision, and Hugh Crawford at the Philadelphia Association in London, and served as the organization's administrator from 1973 to 1980. He is Personal and Supervising Analyst and Faculty Member, Psychoanalytic Institute of Northern California, San Francisco, and Adjunct Professor at the California School of Professional Psychology and the California Institute of Integral Studies, both in San Francisco. He is the author of more than 100 journal articles, book chapters, and reviews, as well as five books, *The Death of Desire: A Study in Psychopathology* (1985), *The Truth About Freud's Technique: The Encounter with the Real* (1994), and *The Ethic of Honesty: The Fundamental Rule of Psychoanalysis* (2004), *The Legacy of R. D. Laing: An Appraisal of His Contemporary Relevance* (2015), and just-released, *The Death of Desire: An Existential Study in Sanity and Madness* (July 2016), an extensively revised and expanded edition of the original, now published by Routledge. He lives in Marin County, CA.

**Stephen Ticktin, MD** is a Canadian psychiatrist and psychotherapist. He obtained his medical degree from the University of Toronto in 1973 and then spent a year in London, England, as personal assistant to David Cooper. He subsequently studied with the Philadelphia Association from 1978–1984. While in London he helped found the *British Network of Alternatives to Psychiatry* and the *Supportive Psychotherapy Association*. He has been a visiting lecturer at Regent's College School of Psychotherapy and Counseling and was also involved with the New School of Psychotherapy under the direction of Emmy van Deurzen. In 2004 he returned to his native Toronto where he currently lives and works as a GP-Psychotherapist. He is also an amusing story-teller and song writer.

**Amber Trotter** is a doctoral candidate at the California Institute of Integral Studies, PsyD Program, in San Francisco.

**Andrew Turkington, LMFT** trained as a psychiatric nurse in the U.K. and later moved to the U.S. where he received his psychoanalytic training from Michael Guy Thompson and associates at Free Association, Inc. in San Francisco. He now teaches Psychiatric Nursing at Unitek College in Hayward, California and is in private practice in Alameda and San Francisco. His interests include phenomenology and scepticism.

## REGISTRATION FOR THIS SYMPOSIUM WORKSHOP

is handled exclusively through Esalen. In order to register for this Symposium Workshop please go to the link below, which takes you directly to the page on the Esalen catalog that will permit you to register. When you are ready to register, please follow these instructions:

**1. BECAUSE THIS WORKSHOP IS RESTRICTED, BEFORE YOU REGISTER YOU MUST OBTAIN A PASSWORD FROM MICHAEL GUY THOMPSON.** Email Michael at [michaelguythompson@mac.com](mailto:michaelguythompson@mac.com). He will provide you with the password by return email which will permit you to access the Esalen registration page.

If you have any other questions about registering or the Workshop, please contact Michael Guy Thompson at [michaelguythompson@mac.com](mailto:michaelguythompson@mac.com).

**2. ONCE YOU HAVE THE PASSWORD,** telephone Esalen at 888-837-2536, give them the password, then you will be able to register at the following link:

<http://www.esalen.org/workshop/week-august-7-12/rd-laing-twenty-first-century-what-therapeutic>

## THINGS TO KNOW WHEN YOU ARE REGISTERING

FEES FOR REGISTRATION INCLUDE accommodation and meals, all-inclusive. The rate per person varies from \$650 to \$3,500 for a five-day workshop, depending on the choice of accommodation. The most popular option is \$1,215, the "Shared Standard" arrangement by which you share a room with one or two people. If you choose this option another person attending the Laing Symposium Workshop will be assigned to your room randomly. If you have a friend who is also attending this Workshop with whom you would like to share the room let Esalen know.

If you have any questions about the various accommodations contact Esalen directly at: 888-837-2536. If you are calling from outside the United States call: +1 703-342-0500.

## ESALEN RATES ARE ALL-INCLUSIVE

All listed rates include:

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- Accommodations and meals
- Fresh produce from the Esalen Garden
- Vegan and vegetarian options for all meals
- Coffee, tea, and bread bar open 24/7
- 24-hour use of hot spring bath facilities, Arts Center (except when a workshop is scheduled), Meditation Round House, and the entire Esalen grounds
- Participation in scheduled daily classes such as yoga, dance, meditation, art, and special events
- One-year subscription to the Esalen catalog

## TRANSPORTATION FROM AIRPORTS TO ESALEN

**Ridesharing:** Esalen encourages ridesharing to reduce the number of cars on the road and at Esalen. See the reservation form online at [www.esalen.org](http://www.esalen.org) for ridesharing options, or tell your reservationist you are interested.

## Van Shuttle Service Prices from airports to Esalen:

Visit Visit: [www.esalen.org/page/start-your-esalen-journey-shuttle](http://www.esalen.org/page/start-your-esalen-journey-shuttle) for more information about the Van Shuttle Service.

- \$60 from Monterey Peninsula Airport (MRY)
- \$100 from San Jose International Airport (SJC)
- \$120 from San Francisco International Airport (SFO)

Prices listed include round-trip transportation and are payable upon arrival to Esalen. No discount applies if return trip is unused. Return service must be confirmed with the Esalen office at least 48 hours prior to departure.

## Schedule:

Van service to Esalen is offered on Friday and Sunday afternoons, coinciding with our workshop schedules.

Depart SFO: 12:00 pm / Depart SJC: 12:45 / Depart MRY: 2:45 / Arrive at Esalen: 4:00

Depart Esalen: 4:30 pm / Arrive MRY: 5:45 / Arrive SJC: 7:45 / Arrive SFO: 8:30 pm

## Shuttle Pick-Up Locations:

- SFO: Courtyard #4 near the DOMESTIC UNITED AIRLINES Baggage Claim area.
- SJC: Outside Terminal B in Lot 5.
- MRY: Outside of Baggage Claim area.

## Making or Canceling a Reservation:

Reservations for the van shuttle service can be made when booking a workshop reservation online, or on the phone with the Esalen Reservations staff at least 48 hours before the departure date. Return service must be confirmed with the Esalen office at least 48 hours prior to departure.

Although there is no charge for cancelling a shuttle reservation, we ask that you provide at least 48 hours notice.

If you have any questions about the van schedule to and from the airport you are using contact Esalen at: 888-837-2536. If you are calling from outside the United States please call: +1 703-342-0500.