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**Fernando Castrillon, PhD**, is a personal and supervising psychoanalyst, faculty of the Lacanian School of Psychoanalysis (LSP) and the Psychoanalytic Institute of Northern California (PINC), a licensed clinical psychologist and a Professor in the Community Mental Health Program at the California Institute of Integral Studies, San Francisco. He is founding director of CIIS's *The Clinic Without Walls*, an innovative psychotherapy clinic serving mostly working poor and immigrant communities. ([www.drcastrillon.com](http://www.drcastrillon.com))

**Michael Cornwall, PhD, LMFT**, has done therapy with people in extreme states since 1980 in medication-free sanctuaries and community settings. He completed his doctoral research on the Jungian sanctuary, *Diabasis*, and leads Esalen workshops and conferences on extreme states. He blogs on [www.madinamerica.com](http://www.madinamerica.com).

**Tonya Dowding** is a doctoral candidate at the California Institute for Integral Studies, in the PsyD program in Clinical Psychology. Tonya has been studying treatment of extreme states with **Gnosis Retreat Center** since its founding, and is committed to its mission to provide residential respite for those in crisis.

**Nita Gage, DSPS**, trained with R.D. Laing and his associates at the Philadelphia Association from 1974-1980. She left London and returned to America in 1980 and pursued post-graduate education in psychology and psycho spiritual studies. She trained and studied with shamanic teachers and specializes in integrative psycho spiritual healing. Nita is co-founder of the NeuroImaginal™ Institute, [www.neuroimaginalinstitute.com](http://www.neuroimaginalinstitute.com); Director of Healer Within Retreats, [www.healerwithinretreats.com](http://www.healerwithinretreats.com), teaching medical and addiction professionals NeuroImaginal Practices for health and well being. She is the author (with Linda Star Wolf) of *Soul Whispering: The Art of Awakening Shamanic Consciousness*, and lives in Vallejo, California.

**Jack Gipple, MA, LPC, CAC III**, is a psychotherapist and clinical supervisor with Windhorse Community Services, in Boulder Colorado, where he has worked since 1999. He received an MA in Transpersonal Psychology in 1991 and currently serves on the Windhorse Board of Directors. He has taught at Naropa University in the Masters Contemplative Psychology Department and recently co-authored an article with Chuck Knapp, "Windhorse Treatment: Group Dynamics Within Therapeutic Environments," published in *Group: The Journal of the Eastern Group Psychotherapy Society*.

**Will Hall, MA, Dipl.PW**, works as a therapist, teacher and community development organizer, including Freedom Center, Portland Hearing Voices, The Icarus Project, Madness Radio, the Harm Reduction Guide to Coming off Psychiatric Drugs (translated into 10 languages), Valley Free Radio, 2 year certification in Open Dialogue with Mary Olson, Jaakko Seikkula and colleagues, more than 12 years of support group facilitation, and a private practice with individuals and families. A meditator and yoga practitioner, Will lives with altered states of consciousness, and since his teens has also been a social movement activist, including a staff person at the Resource Center for Nonviolence and the Earth Island Institute.

**Sam Hinds**, is a doctoral student in the clinical psychology program at Pacific Graduate Institute. His enthusiasm for Gnosis Retreat Center and its mission has been informed by his study of the psychology of C.G. Jung and his long-standing interest non-ordinary states of consciousness.

**Michelle Anne Hobart**, is a practitioner of energy medicine and holistic health educator. She holds a BS in Biology and an MA in Philosophy, Cosmology, and Consciousness. Currently, she is doing coursework in Integral Counseling Psychology at California Institute of Integral Studies. Michelle is an advocate for the Neurodiversity movement and a certified Spiritual Emergence Coach.

**Douglas Kirsner, PhD**, holds a Chair in Philosophy and Psychoanalytic Studies at Deakin University, Melbourne, Australia. He is the author of *The Schizoid World of Jean-Paul Sartre* and R. D. Laing (2003), and *Unfree Associations: Inside Psychoanalytic Institutes* (2009). He lived in one of the post-Kingsley Hall, Philadelphia Association households during the 1970s and has retained a special research interest in Laing's work. His 1980 interview with Laing has recently been published in *The Psychoanalytic Review* (April, 2013). He lives in Melbourne.

**Heather LaFace, PhD** is on the adjunct faculty at Antioch University Santa Barbara as well as at Pacific Graduate Institute. She is in private practice in Los Angeles and Orange County where she works within a framework of attachment and relational theory. Her current writing and research interests explore paradigm-shifting connections between neuroscience, philosophy, and social theory, with a special interest in approaching extreme states from a developmental systems orientation. She lives in Los Angeles.

**James Norwood** is a doctoral candidate at the California Institute for Integral Studies, in the PsyD program in Clinical Psychology. James has been studying treatment of extreme states with **Gnosis Retreat Center** since its founding, and is committed to its mission to provide residential respite for those in crisis.

**Sanford Rosenberg, PhD.**, is President of Media Research Associates, and has thirty five years of experience in Media Psychology. He is a clinician, executive coach, educator, and consultant on media projects including movies, games, and the web, applying the methods of dream psychology and personal mythology to media. Dr. Rosenberg specializes in qualitative knowledge-based research and clinical applications, examining the relationship between language, story, structure, symbol, image, emotion, and experience.

**Rinat Tal, MD**, is a psychiatrist and psychotherapist in private practice in Los Angeles. Her work focuses on minimizing medication management with clients with various conditions, including extreme states, incorporating a range of influences that focus on the transformative aspects of the client-practitioner relationship. She has an abiding interest in alternatives to conventional psychiatry.

**Michael Guy Thompson, PhD**, received his psychoanalytic training from R. D. Laing and Hugh Crawford at the Philadelphia Association in London, and served as the organization's administrator from 1973 to 1980. He is Personal and Supervising Analyst and Faculty Member, Psychoanalytic Institute of Northern California, San Francisco, and Adjunct Professor at the California Institute of Integral Studies, in San Francisco. He is the author of numerous journal articles, book chapters, reviews, as well as five books, *The Death of Desire: A Study in Psychopathology* (1985), *The Truth About Freud's Technique* (1994), *The Ethic of Honesty* (2004), *The Legacy of R. D. Laing: An Appraisal of His Contemporary Relevance* (2015), and recently, *The Death of Desire: An Existential Study in Sanity and Madness* (2016), an extensively revised and expanded edition of the original, published by Routledge. He is founder and director of **Gnosis Retreat Center**, a refuge for people in crisis, modeled on his work with R. D. Laing in London, and lives in Berkeley, CA. His current project is a book on the concept of happiness.

**Connor Tindall** is a doctoral candidate at the California Institute for Integral Studies, in the PsyD program in Clinical Psychology. Connor has been studying treatment of extreme states with **Gnosis Retreat Center** since its founding, and is committed to provide residential respite for those in crisis.

**Andrew Turkington, RN, LMFT**, trained as a psychiatric nurse in the U.K. and later moved to the U.S. where he received his psychoanalytic training from Michael Guy Thompson and associates at *Free Association, Inc.* in San Francisco. He now teaches Psychiatric Nursing at Unitek College in Hayward, California and is in private practice in Alameda and San Francisco. His interests include phenomenology and scepticism.

**Dina Tyler** is a psychiatric survivor, trainer and consultant. She works in private practice as a wellness coach and counselor for Big Picture Wellness, a coordinated team of practitioners providing holistic alternatives for people experiencing extreme states. Dina is the Co-Founder, and former Board Member and facilitator of the Bay Area Hearing Voices Network. She was awarded the prestigious Peer Specialist of the Year by the National Council for Behavioral Health in 2015.

**Scott Von, OMD PhD**, a physician, psychoanalyst, philosopher, poet, and artist, is Director of the New Clinic for Integral Medicine & Psychiatry and Director of Analytica psychoanalytic institute, both based in New York and Los Angeles. He completed his Doctor of Medicine specializing in Neuropsychiatry at ACTCM-Shanghai University and his PhD in Psychoanalysis at LSE-University of London, and served as professor and supervisor at NYU, CUNY, CIIS, and Pacific College. He is author of the four-volume book and multi-modal art work *Autopoesis*, which he has exhibited and performed internationally. ([drscottvon.com](http://drscottvon.com))

**Star Wolf, PhD**, is the Founding Director of Venus Rising Institute for Shamanic Healing Arts, the creator of the Shamanic Breathwork™ Process & Training Program, and the Founder and Co-Director of the Shamanic Minister's Global Network, a non-denominational spiritual organization. She leads workshops in the U.S. and internationally and has over 30 years of experience as a therapist, facilitator, and healer. She is the author of eight books including *Soul Whispering, The Art of Awakening Shamanic Consciousness* (with Nita Gage.)