



R.D. Laing

IN THE 21ST CENTURY

July 22-27, 2018

ESALEN INSTITUTE
Big Sur, California

SYMPOSIUM SPONSORED
& ORGANIZED BY
Free Association, Inc.,
San Francisco, California

SPEAKERS & FACILITATORS

Fritjof Capra, Ph.D.

Fernando Castrillon, Ph.D.

Frank Echenhofer, Ph.D.

Nita Gage

Rebecca Greenslade

Will Hall

Michelle Anne Hobart

Edie Irwin

Douglas Kirsner, Ph.D.

Chuck Knapp

Heather LaFace, Ph.D.

James Norwood

Mina Semyon

Rinat Tal, M.D.

Michael Guy Thompson, Ph.D.

Connor Tindall

Andrew Turkington, RN, LMFT

Dina Tyler

Scott Von, OMD, Ph.D.

FOR INFORMATION OR INQUIRIES

Michael Guy Thompson, Ph.D.
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WHAT IS LOVE?

A FIVE-DAY SYMPOSIUM & WORKSHOP

Esalen®

R. D. LAING wore many robes in his career including psychiatrist, psychoanalyst, philosopher, social critic, author, poet, and mystic, and at the peak of his fame in the 1970s he was the most widely-read psychiatrist in the world. Arguably the most controversial psychoanalyst since Freud, Laing's meteoric rise in the 1960s was the result of his rare ability to make complex ideas accessible with such best-selling classics as *The Divided Self* (1960), *Sanity, Madness and Family* (1964), *The Politics of Experience* (1967), *Knots* (1970), and many others. Laing's impassioned plea for a more humane treatment of those in society who are most vulnerable catapulted him into the vanguard of intellectual and cultural debate about the nature of sanity and madness, and inspired a generation of psychology students, intellectuals, and artists to turn this disarming Scotsman into a social icon.

Now, in the fourth edition of our annual event, Laing's former students and colleagues from around the world, including Fritjof Capra, Michael Guy Thompson, Douglas Kirsner, Nita Gage, Edie Irwin, Mina Semyon and others, will meet for five days at Esalen Institute in Big Sur, California, to continue our critique of Laing's contemporary legacy. In previous years we explored the nature of sanity and madness, the therapeutic relationship, and altered realities. This year we will continue our conversation by exploring one of Laing's favorite themes, the nature of intimacy. We will ask, **What Is Love?** in all the many and varied contexts where we typically find it, including psychotherapy, spirituality, the drug experience, sexuality, and more. Joining us again will be some of the leading lights in the burgeoning Psychiatric Survivor Movement, including Will Hall, Michael Cornwall, Dina Tyler, Michelle Anne Hobart, and others, to help us share alternatives to contemporary, often abusive psychiatric treatment for those in extreme mental and emotional distress.

Among the questions we will explore:

1. What did Freud mean when he suggested that psychoanalysis is a cure through love?
2. How does love heal, and conversely, how does it drive us mad?
3. How may a broken heart result in neurotic and even psychotic states?
4. What is the relationship between love and happiness?
5. What are the biological aspects of love?
6. How do we find love... and keep it?

Plus a presentation of the new film about R.D. Laing, "Mad To Be Normal," directed by Bob Mullen, starring David Tennant, Elisabeth Moss, Michael Chambon, and Gabriel Byrne.

Join us for five days at breathtaking Esalen Institute on the Pacific Coast to explore how we can promote more humane and effective ways of helping those suffering from extreme states.

—MICHAEL GUY THOMPSON

CELEBRATING THE 50TH ANNIVERSARY OF THE ICONIC SUMMER OF LOVE—PART 2!



R.D. Laing in the 21st Century



WHAT IS LOVE?

Esalen Institute, Big Sur, California • July 22 – 27, 2018

Symposium Workshop Co-organizers: Nita Gage • Steven Sorkin, PhD • Michael Guy Thompson, PhD

SUNDAY – JULY 22

8:00 – 9:30 pm

Michael Guy Thompson, PhD, Fritjof Capra, PhD, Nita Gage, and Heather LaFace, PhD

Welcome! Let's Get Acquainted!

We will spend this initial, breaking-in meeting to introduce ourselves to each other and give you an idea of what our five days together will be like and explain what went into our decision to arrange for this very special program for you. We will begin with introducing the four principal organizers of our Workshop to you, then the faculty, guest faculty, and finally a chance for everyone attending this special week to introduce yourselves and what you are hoping to gain from this experience.

MONDAY – JULY 23

7:00 – 8:00 am

Mina Semyon

Morning Yoga Session

9:30 am–12:30 pm

Michael Guy Thompson, PhD and Fritjof Capra, PhD

A Dialogue on Love between Fritjof Capra and Michael Guy Thompson (moderated by Douglas Kirsner)

In this inaugural three-hour session, Michael Guy Thompson and Fritjof Capra take turns presenting their views about love and then, in turn, respond to each other's presentation. This will be followed by a general discussion period with the audience.

9:30 am – 11:00 am

Part I: Michael Guy Thompson, PhD

The Heart of the Matter: Eros & Agape (moderated by Douglas Kirsner)

Following previous presentations at these Esalen symposia on friendly love, sympathetic love, and erotic love, Michael will present his views on the purest expression of love possible, *agape*, and detail its complicated relation with *eros*. Traditionally, *agape* – a Greek term but appropriated by Christianity – has been characterized as specifically *non-erotic*, a cleaner form of de-sexualized love. Michael will argue, as per Freud, that the erotic component is indispensable for the truest expression of *agape*.

11:00 am – 12:30 pm

Part II: Fritjof Capra, PhD

The Biology of Love (moderated by Douglas Kirsner)

In this talk Fritjof will explore some tentative connections between the human experience of love and the systems view of life that is now emerging in science. The key idea is that the fundamental characteristics of life acquire new meaning when experienced by a conscious self. From this perspective, the human experience of love appears to be grounded in a fundamental longing for connecting with another, which is characteristic of all forms of life.

12:30 – 3:30 pm

Lunch Break and Play Time

Lunch at the Dining Hall. Enjoy the rest of the break to relax and smell the ocean. Please return to the afternoon portion of today's program promptly at 3:30 pm.

3:30 – 5:00 pm

Douglas Kirsner, PhD

Laing on Love (moderated by Michael Guy Thompson)

For Laing, understanding love and unveiling what prevents and distorts it are central to understanding human relationships, communications, and society. How is love possible in a world where people seem increasingly treated as objects? Professor Kirsner will examine Laing's focus on uncovering love's knots and vagaries through the lies, deceptions, and mystification that so often masquerade as love.

5:00 – 6:30 pm

Will Hall, Edie Irwin, Heather LaFace, PhD, Andy Turkington, LMFT, James Norwood, Connor Tindall, Dina Tyler, Rebecca Greenslade, Michelle Anne Hobart

Break-Out Groups for Processing Today's Presentations (moderated by Nita Gage and Michael Guy Thompson)

We will devote this 90-minute session to breaking up into small groups to discuss issues that came up for us in today's program. This may include extending discussions that occurred earlier in the day or taking the opportunity to raise new issues and concerns. We will then reconvene as a large group to integrate what we learned from the break-out discussions.

6:30 – 8:00 pm

Dinner Break – followed by a Free Evening!

Dinner in the Esalen Dining Hall. Please enjoy the rest of your evening by the Fire Pit, the Terrace off the Dining Hall, or Esalen's legendary Hot Tubs!

TUESDAY – JULY 24

7:00 – 8:00 am

Mina Semyon

Morning Yoga Session

9:30 – 10:20 am

Heather LaFace, PhD

Self-Love as a Liminal State: An Ethics of Shared, Sensitive Space
(moderated by Nita Gage)

Using case material of a patient experiencing extreme states in individual and group therapy, Heather will explore the notion of self-love as an embodied process occurring within the ritual (or liminal structure) of group process. The central role of the systemic openness of the bodily-self will be explored in the context of self, others, and world.

10:30 – 11:20 am

Rebecca Greenslade

Feminism and Love (moderated by Edie Irwin)

Love can be liberating and progressive, but it can also be oppressive. Drawing on feminist thinkers, Rebecca will explore the dilemmas love poses for feminism, how to conserve love's radical, emancipatory, and democratic potential while recanting its patriarchal, diminutive effects, suggesting that a feminist politic is, at its heart, a politics of love.

11:30 am – 12:30 pm

Mina Semyon

Loving Ronnie Laing (moderated by Michael Guy Thompson)

Drawing on her experience of being in therapy with R. D. Laing, Mina will talk about what she learned from him about love. Mina will also lead us in yoga sessions each morning before breakfast, a calling that Laing encouraged her to pursue. Says Mina: "Love is the essential ground of being that can be revealed through the practice of Yoga; it is the essence of therapy, which is a way of attending to the soul."

12:30 – 3:30 pm

Lunch Break and Play Time

Lunch at the Dining Hall. Enjoy the rest of the break to relax and smell the ocean. Please return to the afternoon portion of today's program promptly at 3:30.

3:30 – 4:50 pm

Scott Von, OMD, PhD

Desire, Love, Faith (moderated by Andrew Turkington)

Is it still possible to speak of love today? Psychoanalysis comes from a tradition of working with the universal madness of the human condition. Freud called psychoanalysis a cure through love. Lacan said that love was giving what you don't have – an ethic of the analyst. We will explore how desire, love, and faith are three dimensions of a continuum in which transference and transformation are the key to healing.

5:00 – 6:30 pm

Fernando Castrillon, PhD

Champagne Wishes and Caviar Dreams: California Psychoanalysis and Freud's Summer of Love
(moderated by Michael Guy Thompson, PhD)

What are we to make of psychoanalysis in the utopia allegedly brought to life by California culture? In this wide-ranging talk, Fernando will draw on a variety of sources, including the modernist architect Richard Neutra, as well as the history of psychoanalysis in California. He will endeavor to illuminate the foggy real estate that Freud's "Dark Enlightenment" carved out in this paradise on the edge of the Western world.

6:00 – 8:00 pm

Dinner Break – followed by a Free Evening!

Dinner in the Esalen Dining Hall. Enjoy the rest of your evening by the Fire Pit, the Terrace off the Dining Hall, or Esalen's legendary Hot Tubs!

WEDNESDAY – JULY 25

7:00 – 8:00 am

Mina Semyon

Morning Yoga Session

9:30 – 10:30 am

Nita Gage, Dina Tyler, Michelle Anne Hobart, Will Hall, and Workshop Participants!

All-Day Breath Workshop – A Tribute to Laing's Famous Workshops from the 1970s (moderated by Nita Gage)

Part I: Breath Work as a Means of Opening to Love

Love and Breath Work in the Tradition of R. D. Laing

Drawing from her own extensive experience moderating such workshops, Nita Gage will facilitate an opportunity for anyone who is interested in participating in this exercise to access mild altered states via guided imagery and deep breathing. This workshop is intended to simulate the kind of workshops Laing was famous for initiating in London among his students in order to gain greater awareness of the potential for expanded modes of consciousness readily accessible to us. This one-hour introduction will presage a two-hour morning session in which participants will participate in a breath work experiential exercise.

10:30 am – 12:30 pm

Part II: Breath Work Experiential Session (continued)

Experiential Exercise (moderated by Nita Gage)

Nita will facilitate the chance to experience states of expanded consciousness elicited via deep breathing and other Shamanic exercises, followed by the opportunity to process these experiences in a warm and safe environment. We will repeat this exercise in the afternoon portion of this all-day experiential exercise.

12:30 – 3:30 pm

Lunch Break and Play Time

Lunch at the Dining Hall. Enjoy the rest of the break to relax and smell the ocean. Please return to the afternoon portion of today's program promptly at 3:30 pm.

3:30 – 5:30 pm

Part III: Breath Work Experiential Session (continued)

Experiential Exercise (moderated by Nita Gage)

In this two-hour session Nita will continue to facilitate the chance to experience states of expanded consciousness elicited via deep breathing exercises, followed by opportunities to process these experiences in a warm and safe environment.

5:30 – 6:30 pm

Part IV: Break up into small groups for processing today's experience

Breath Work Group Process Session (moderated by Nita Gage)

6:30 – 8:00 pm

Dinner Break – followed by R.D. Laing Film Event!

Dinner in the Esalen Dining Hall. Please return to the evening portion of today's program promptly at 8:00 pm if you wish to join us for this special film event.

WHAT IS LOVE?

SPECIAL THANKS TO ESELEN INSTITUTE & FREE ASSOCIATION, INC.

For more information and inquiries, contact Michael Guy Thompson, PhD: michaelguythompson@mac.com

SPECIAL ESALEN EVENING FILM EVENT ON WEDNESDAY, JULY 25, 8:00 – 10:00 pm



MAD TO BE NORMAL

How R.D. Laing Revolutionized the Treatment of Madness

(followed by a discussion with Michael Guy Thompson, Fritjof Capra and Nita Gage)

The versatile David Tennant transitions from *Dr. Who* and *Broadchurch*'s Alec Hardy, DI, to give a dazzling performance as Dr. R. D. Laing, the radical psychiatrist who became a 1960s counterculture hero for advocating humane treatment for the "mentally ill." This is the story of Kingsley Hall, Laing's experimental therapeutic community in East London that banned the use of drugs – except for the experimental use of LSD! Gabriel Byrne and Michael Gambon are illuminating as patients who adore their hard-drinking, unconventionally brilliant shrink. Elisabeth Moss brings out Laing's soft side as his love interest. This absorbing biopic, directed by Bob Mullan, brilliantly captures Laing's impact on the mental health culture around the world.

This special event is reserved by Esalen for all attendees of the workshops convening this week, and is open to everyone. It is not part of our 26 hours of program time, as it is open to the Esalen community, as an opportunity for participants in the various workshops to meet others residing at Esalen this week. You are cordially invited to participate in this special opportunity to meet other Esalen workshop attendees.

THURSDAY – JULY 26

7:00 – 8:00 am **Mina Semyon** *Morning Yoga Session*

9:30 – 10:20 am

Will Hall

Laing, Krishnamurti, and a Non-Dual Psychotherapy of Psychosis (moderated by Fritjof Capra, PhD)

Drawing from the writings of the legendary guru, Krishnamurti, and Laing's seminal research into the relief of extreme states, Will Hall will explore their common interests and respective efforts to help those experiencing a fundamental breakdown in their mental and emotional states, with compassion, wisdom, and understanding.

10:30 – 11:20 am

Frank Echenhofer, PhD

What is Love: Common Transformational Themes Arising in Spiritual Autobiographies and Psychedelic Narratives (moderated by Andrew Turkington)

In this presentation, Frank will share the fruits of his research regarding the core developmental themes that arise in the autobiographies of long-term meditators and in psychedelic narratives.

11:30 am – 12:30 pm

Rinat Tal, MD

Love and Medication (moderated by Michael Guy Thompson)
Drawing from many years of experience as a Los Angeles psychiatrist, Rinat examines how the minimal use of drugs may temporarily help a person cope with intolerable anguish, but will never serve as a healing agent for their predicament. By exploring the relationship between unrequited love and psychosis, she will argue that the kind of intimacy that psychotherapy promises is more effective at emancipating the soul.

12:30 – 3:30 pm

Lunch Break and Play Time

Lunch at the Dining Hall. Enjoy the rest of the break to relax. Please return to the afternoon portion of today's program promptly at 3:30.

3:30 – 5:15 pm

Chuck Knapp and Edie Irwin

Love as an Expression of our Intrinsic Sanity (moderated by Nita Gage)
Drawing from Mahayana Buddhist practice Chuck and Edie will explore how love for ourselves and each other can draw us into an ever-refining ability to be present to anything we are capable of experiencing.

5:30 – 6:30 pm

Michael Guy Thompson, Nita Gage, James Norwood, Connor Tindall

Gnosis Retreat Center (moderated by Michael Guy Thompson and Nita Gage)

The panelists will close our workshop by sharing their efforts to set up a residential community modeled on Kingsley Hall in London, to be located in the San Francisco Bay Area. Gnosis Retreat Center will be operated under the aegis of Free Association, Inc., the not-for-profit association that organizes our annual Esalen soirees. Learn about the vision of this project, the concept, and how you can help make it a reality.

6:30 – 8:00 pm **Dinner Break – followed by our workshop party!**

Please join us on the lawn after dinner to celebrate our Esalen workshop with song and good cheer!

FRIDAY – JULY 27

7:00 – 8:00 am

Mina Semyon

Morning Yoga Session

10:00 am – 12:00 noon

Michael Guy Thompson, Fritjof Capra, Nita Gage, Heather LaFace

Closing Comments, Review, Audience Discussion & Farewell

We want to spend this last time together reviewing our five days at Esalen and what it has meant to you. We hope you will also be able to join us again next year for another exciting time at Esalen! Good-bye!

Don't forget: check-out is 10:00 am (BEFORE our Friday morning wrap-up). Make sure you are ready if you have booked a return shuttle to the airport.

Fritjof Capra, PhD, physicist and systems theorist, is a founding director of the Center for Ecoliteracy in Berkeley, CA. He serves on the faculty of the Amana-Key executive education program in Sao Paulo, Brazil, is a Fellow of Schumacher College (U.K.), and serves on the Council of Earth Charter International. Dr. Capra is the author of several international bestsellers, including *The Tao of Physics* (1975), *The Web of Life* (1996), and *The Science of Leonardo* (2007). He is coauthor, with Pier Luigi Luisi, of the multidisciplinary textbook, *The Systems View of Life* (Cambridge University Press, 2014). His new online course (www.capracourse.net) is based on his textbook. He lives in Berkeley, CA.

Fernando Castrillon, PhD, is a personal and supervising psychoanalyst, faculty of the Lacanian School of Psychoanalysis (LSP) and the Psychoanalytic Institute of Northern California (PINC), a licensed clinical psychologist and a Professor in the Community Mental Health Program at the California Institute of Integral Studies, San Francisco. He is founding director of CIIS's The Clinic Without Walls, an innovative psychotherapy clinic serving mostly working poor and immigrant communities. (www.drastrillon.com)

Frank Echenhofer, PhD, has conducted research examining the benefits of meditation and psychedelics for over 20 years. A long-term meditation and psychedelic practitioner, he has a special interest in the spiritual and medicinal use of Ayahuasca and the San Pedro cactus. Currently he is a professor of Clinical Psychology at the California Institute of Integral Studies and has a private practice focusing on facilitating the integration of meditation and psychedelic experiences.

Nita Gage, DSPS, trained with R.D. Laing and his associates at the Philadelphia Association from 1974-1980. She left London and returned to America in 1980 and pursued post-graduate education in psychology and psycho spiritual studies. She trained and studied with shamanic teachers and specializes in integrative psycho spiritual healing. Nita is co-founder of the NeuroImaginal™ Institute, www.neuroimaginalinstitute.com; Director of Healer Within Retreats, www.healerwithinretreats.com, teaching medical and addiction professionals NeuroImaginal Practices for health and well being. She is the author (with Linda Star Wolf) of *Soul Whispering: The Art of Awakening Shamanic Consciousness*, and lives in Vallejo, California.

Rebecca Esho Greenslade is an existential psychotherapist, supervisor, meditation teacher and writer living and working in London. She currently works in private practice and for the Psychosis Therapy Project. She is also a training supervisor for The Minster Centre and Entrust Associates. Rebecca is a practicing Zen Buddhist and her therapeutic approach is rooted in an exploration of philosophy as embodied praxis.

Will Hall, MA, Dipl.PW, works as a therapist, teacher and community development organizer, including Freedom Center, Portland Hearing Voices, The Icarus Project, Madness Radio, the Harm Reduction Guide to Coming off Psychiatric Drugs (translated into 10 languages), Valley Free Radio, 2-year certification in Open Dialogue with Mary Olson, Jaakko Seikkula and colleagues, more than 12 years of support group facilitation, and a private practice with individuals and families. A meditator and yoga practitioner, Will lives with altered states of consciousness, and since his teens has also been a social movement activist, including a staff person at the Resource Center for Nonviolence and the Earth Island Institute.

Michelle Anne Hobart is a practitioner of energy medicine and holistic health educator. She holds a BS in Biology and an MA in Philosophy, Cosmology, and Consciousness. Currently she is doing coursework in Integral Counseling Psychology at California Institute of Integral Studies. Michelle is an advocate for the Neurodiversity movement and a certified Spiritual Emergence Coach.

Eddie Irwin, co-editor of Akong Tulku Rinpoche's *Taming the Tiger* (Rider) and is the author of *Healing Relaxation* (Rider); both are available online. Eddie studied with R. D. Laing in India and London in the 1970s and since 1980 has worked under the guidance of Akong Tulku Rinpoche. She is currently a member of the Tara Rokpa Therapy Training faculty and practices psychotherapy in Edinburgh, Scotland.

Douglas Kirsner, PhD, holds a Chair in Philosophy and Psychoanalytic Studies at Deakin University, Melbourne, Australia. He is the author of *The Schizoid World of Jean-Paul Sartre and R. D. Laing* (2003), and *Unfree Associations: Inside Psychoanalytic Institutes* (2009). He lived in one of the post-Kingsley Hall, Philadelphia Association households during the 1970s and has retained a special research interest in Laing's work. His 1980 interview with Laing was published in *The Psychoanalytic Review* (April, 2013). He lives in Melbourne.

Chuck Knapp, a student of Chogyam Trungpa and graduate of Naropa University, worked closely with Ed Podvoll, founder of Windhorse, for many years. He was a founding member and Director of Friendship House, a residential treatment home for people suffering extreme mental states, and co-founded Windhorse Community Services in Boulder, Colorado, where he now serves as a Co-Director. He has published extensively on his work at Windhorse and has a special interest in exploring mindfulness-based therapeutic environments for both individual and social well-being.

Heather LaFace, PhD, is on the adjunct faculty at Antioch University Santa Barbara as well as at Pacific Graduate Institute. She is in private practice in Los Angeles and Orange County where she works within a framework of attachment and relational theory. Her current writing and research interests explore paradigm-shifting connections between neuroscience, philosophy, and social theory, with a special interest in approaching extreme states from a developmental systems orientation. She lives in Los Angeles.

James Norwood is a doctoral candidate at the California Institute of Integral Studies, in the PsyD program in Clinical Psychology.

Mina Semyon was born in 1938 in the Soviet Union. She has been teaching Yoga for over thirty years. She was a student and friend of R. D. Laing, who initiated her on the path of awareness through the practice of Yoga and mindfulness. This, combined with an insistence of finding her authentic voice through the study of singing and sound, led to her unique way of teaching. Her aim is to liberate the mind and body of everything that obscures the spirit of joy, love, compassion, spontaneity, and playfulness. She is the author of *The Distracted Centipede: A Yoga Experience* (2004) and lives in London.

Rinat Tal, MD, is a psychiatrist and psychotherapist in private practice in Los Angeles. Her work focuses on minimizing medication management with clients with various conditions, including extreme states, incorporating a variety of influences that focus on the transformative aspects of the client-practitioner relationship. She has an abiding interest in alternatives to conventional psychiatry.

Michael Guy Thompson, PhD, received his psychoanalytic training from R. D. Laing, with whom he was in supervision, and Hugh Crawford at the Philadelphia Association in London, and served as the organization's administrator from 1973 to 1980. He is Personal and Supervising Analyst and Faculty Member, Psychoanalytic Institute of Northern California, San Francisco, and Adjunct Professor at the California Institute of Integral Studies, in San Francisco. He is the author of numerous journal articles, book chapters, and reviews, as well as five books, *The Death of Desire: A Study in Psychopathology* (1985), *The Truth About Freud's Technique: The Encounter with the Real* (1994), and *The Ethic of Honesty: The Fundamental Rule of Psychoanalysis* (2004), *The Legacy of R. D. Laing: An Appraisal of His Contemporary Relevance* (2015), and most recently, *The Death of Desire: An Existential Study in Sanity and Madness* (2016), an extensively revised and expanded edition of the original, published by Routledge. He is founder and director of Gnosis Retreat Center, a refuge for people in crisis, modeled on his work with R. D. Laing in London, and lives in Marin County, CA.

Connor Tindall is a doctoral candidate at the California Institute for Integral Studies, in the PsyD program in Clinical Psychology.

Andrew Turkington, RN, LMFT, trained as a psychiatric nurse in the U.K. and later moved to the U.S. where he received his psychoanalytic training from Michael Guy Thompson and associates at Free Association, Inc. in San Francisco. He now teaches Psychiatric Nursing at Unitek College in Hayward, California and is in private practice in Alameda and San Francisco. His interests include phenomenology and scepticism.

Dina Tyler is a Co-Founder and Board Member of the Bay Area Hearing Voices Network and is a facilitator of the Voices, Visions, and Different Realities Support group in San Francisco, California. She is the Co-Director of the Bay Area Mandala Project, a group working to create whole health alternatives for people experiencing extreme states, and was awarded the prestigious Peer Specialist of the Year by the National Council for Behavioral Health in 2015.

Scott Von, OMD, PhD, is a physician, psychoanalyst, philosopher, and poet. He is founder and director of the New Clinic for Integral Medicine and Psychiatry. He completed his Doctor of Medicine at the American College of TCM with residencies in neurology and psychiatry, and advanced training in acupuncture and homeopathy and PhD in psychoanalysis from the University of London.



REGISTRATION FOR THIS SYMPOSIUM WORKSHOP

is handled exclusively through Esalen. In order to register for this Symposium Workshop please go to the link below, which takes you directly to the page on the Esalen catalog that will permit you to register. When you are ready to register, please follow these instructions:

1. BECAUSE THIS WORKSHOP IS RESTRICTED, BEFORE YOU REGISTER YOU MUST OBTAIN A PASSWORD FROM MICHAEL GUY THOMPSON. Email Michael at michaeltguythompson@mac.com. He will provide you with the password by return email which will permit you to access the Esalen registration page.

If you have any other questions about registering or the Workshop, please contact Michael Guy Thompson at michaeltguythompson@mac.com.

2. ONCE YOU HAVE THE PASSWORD, telephone Esalen at 888-837-2536, give them the password, then you will be able to register at the following link:

<https://www.esalen.org/workshop/week-july-22-27/rd-laing-twenty-first-century-what-love>

THINGS TO KNOW WHEN YOU ARE REGISTERING

FEES FOR REGISTRATION INCLUDE accommodation and meals, all-inclusive. The rate per person varies from \$700 to \$2,500 for a five-day workshop, depending on the choice of accommodation. The most popular option is \$1,400, the “Shared Standard” arrangement by which you share a room with one or two people. If you choose this option another person attending the Laing Symposium Workshop will be assigned to your room randomly. If you have a friend who is also attending this Workshop with whom you would like to share the room let Esalen know.

If you have any questions about the various accommodations contact Esalen directly at: 888-837-2536. If you are calling from outside the United States call: +1 703-342-0500.

CHOOSE YOUR ROOM

Workshop Tuition Including Accommodations

	Weekend Workshops	5-day Workshops	7-day Workshops
Shared Sleeping Bag Space	\$420	\$675	\$900
Shared Bunk Bed Dorm	\$605	\$1,020	\$1,335
Shared Standard	\$845	\$1,410	\$1,850
Premium Room Single	\$1,505	\$2,830	\$3,555
Premium Room Double	\$2,310	\$4,310	\$5,430
Point House Single	\$2,025	\$4,105	\$5,030
Point House Double	\$2,890	\$5,605	\$7,000
Off-site Accommodations	\$420	\$675	\$900

Friends of Esalen receive a \$25 discount on rates. Please see Esalen's website for information.

ESALEN RATES ARE ALL-INCLUSIVE

All listed rates include:

- Workshop tuition
- Accommodations and meals
- Fresh produce from the Esalen Garden
- Vegan and vegetarian options for all meals
- Coffee, tea, and bread bar open 24/7
- 24-hour use of hot spring bath facilities, Arts Center (except when a workshop is scheduled), Meditation Round House, and the entire Esalen grounds
- Participation in scheduled daily classes such as yoga, dance, meditation, art, and special events
- One-year subscription to the Esalen catalog

TRANSPORTATION FROM AIRPORTS TO ESALEN

Ridesharing: Esalen encourages ridesharing to reduce the number of cars on the road and at Esalen. See the reservation form online at www.esalen.org for ridesharing options, or tell your reservationist you are interested.

Van Shuttle Service Prices from airports to Esalen:

Esalen provides a shuttle service from local airports to and from Esalen on Sundays and Fridays. Check with Esalen for detailed information. Visit www.esalen.org/page/start-your-esalen-journey-shuttle for more information about the Van Shuttle Service.

Shuttle Pick-Up Locations:

- SFO: Courtyard #4 near the DOMESTIC UNITED AIRLINES Baggage Claim area.
- SJC: Outside Terminal B at Baggage Claim Door B2.
- MRY: Outside of Baggage Claim area.

Making or Canceling a Reservation:

Reservations for the shuttle van can be made when booking a workshop reservation online, or on the phone with the Esalen Reservations staff at least 48 hours before the departure date. Return service must be confirmed with the Esalen office at least 48 hours prior to departure.

Although there is no charge for cancelling a shuttle reservation, we ask that you provide at least 48 hours notice.

If you have any questions about the van schedule to and from the airport you are using contact Esalen at: 888-837-2536. If you are calling from outside the United States please call: +1 703-342-0500.