

Fritjof Capra, PhD, physicist and systems theorist, is a founding director of the Center for Ecoliteracy in Berkeley, CA. He serves on the faculty of the Amana-Key executive education program in Sao Paulo, Brazil, is a Fellow of Schumacher College (U.K.), and serves on the Council of Earth Charter International. Dr. Capra is the author of several international bestsellers, including *The Tao of Physics* (1975), *The Web of Life* (1996), and *The Science of Leonardo* (2007). He is coauthor, with Pier Luigi Luisi, of the multidisciplinary textbook, *The Systems View of Life* (Cambridge University Press, 2014). His new online course (www.capracourse.net) is based on his textbook. He lives in Berkeley, CA.

Fernando Castrillon, PhD, is a personal and supervising psychoanalyst, faculty of the Lacanian School of Psychoanalysis (LSP) and the Psychoanalytic Institute of Northern California (PINC), a licensed clinical psychologist and a Professor in the Community Mental Health Program at the California Institute of Integral Studies, San Francisco. He is founding director of CIIS's The Clinic Without Walls, an innovative psychotherapy clinic serving mostly working poor and immigrant communities. (www.drastrillon.com)

Michael Cornwall, PhD, LMFT, has done therapy with people in extreme states since 1980 in medication-free sanctuaries and community settings. He completed his doctoral research on the Jungian sanctuary, *Diabasis*, and leads Esalen workshops and conferences on extreme states. He blogs on www.madinamerica.com.

Nita Gage, DSPS, trained with R.D. Laing and his associates at the Philadelphia Association from 1974-1980. She left London and returned to America in 1980 and pursued post-graduate education in psychology and psycho spiritual studies. She trained and studied with shamanic teachers and specializes in integrative psycho spiritual healing. Nita is co-founder of the Neurolmaginal™ Institute, www.neurolmaginalinstitute.com; Director of Healer Within Retreats, www.healerwithinretreats.com, teaching medical and addiction professionals Neurolmaginal Practices for health and well being. She is the author (with Linda Star Wolf) of *Soul Whispering: The Art of Awakening Shamanic Consciousness*, and lives in Vallejo, California.

Rebecca Esho Greenslade is an existential psychotherapist, supervisor, meditation teacher and writer living and working in London. She currently works in private practice and for the Psychosis Therapy Project. She is also a training supervisor for The Minster Centre and Entrust Associates. Rebecca is a practicing Zen Buddhist and her therapeutic approach is rooted in an exploration of philosophy as embodied praxis.

Will Hall, MA, Dipl.PW, works as a therapist, teacher and community development organizer, including Freedom Center, Portland Hearing Voices, The Icarus Project, Madness Radio, the Harm Reduction Guide to Coming off Psychiatric Drugs (translated into 10 languages), Valley Free Radio, 2-year certification in Open Dialogue with Mary Olson, Jaakko Seikkula and colleagues, more than 12 years of support group facilitation, and a private practice with individuals and families. A meditator and yoga practitioner, Will lives with altered states of consciousness, and since his teens has also been a social movement activist, including a staff person at the Resource Center for Nonviolence and the Earth Island Institute.

Michelle Anne Hobart is a practitioner of energy medicine and holistic health educator. She holds a BS in Biology and an MA in Philosophy, Cosmology, and Consciousness. Currently she is doing coursework in Integral Counseling Psychology at California Institute of Integral Studies. Michelle is an advocate for the Neurodiversity movement and a certified Spiritual Emergence Coach.

Eddie Irwin, co-editor of Akong Tulku Rinpoche's *Taming the Tiger* (Rider) and is the author of *Healing Relaxation* (Rider); both are available online. Eddie studied with R. D. Laing in India and London in the 1970s and since 1980 has worked under the guidance of Akong Tulku Rinpoche. She is currently a member of the Tara Rokpa Therapy Training faculty and practices psychotherapy in Edinburgh, Scotland.

Douglas Kirsner, PhD, holds a Chair in Philosophy and Psychoanalytic Studies at Deakin University, Melbourne, Australia. He is the author of *The Schizoid World of Jean-Paul Sartre and R. D. Laing* (2003), and *Unfree Associations: Inside Psychoanalytic Institutes* (2009). He lived in one of the post-Kingsley Hall, Philadelphia Association households during the 1970s and has retained a special research interest in Laing's work. His 1980 interview with Laing was published in *The Psychoanalytic Review* (April, 2013). He lives in Melbourne.

Chuck Knapp, a student of Chogyam Trungpa and graduate of Naropa University, worked closely with Ed Podvoll, founder of Windhorse, for many years. He was a founding member

and Director of Friendship House, a residential treatment home for people suffering extreme mental states, and co-founded Windhorse Community Services in Boulder, Colorado, where he now serves as a Co-Director. He has published extensively on his work at Windhorse and has a special interest in exploring mindfulness-based therapeutic environments for both individual and social well-being.

Heather LaFace, PhD, is on the adjunct faculty at Antioch University Santa Barbara as well as at Pacific Graduate Institute. She is in private practice in Los Angeles and Orange County where she works within a framework of attachment and relational theory. Her current writing and research interests explore paradigm-shifting connections between neuroscience, philosophy, and social theory, with a special interest in approaching extreme states from a developmental systems orientation. She lives in Los Angeles.

James Norwood is a doctoral candidate at the California Institute of Integral Studies, in the PsyD program in Clinical Psychology.

Mina Semyon was born in 1938 in the Soviet Union. She has been teaching Yoga for over thirty years. She was a student and friend of R. D. Laing, who initiated her on the path of awareness through the practice of Yoga and mindfulness. This, combined with an insistence of finding her authentic voice through the study of singing and sound, led to her unique way of teaching. Her aim is to liberate the mind and body of everything that obscures the spirit of joy, love, compassion, spontaneity, and playfulness. She is the author of *The Distracted Centipede: A Yoga Experience* (2004) and lives in London.

Rinat Tal, MD, is a psychiatrist and psychotherapist in private practice in Los Angeles. Her work focuses on minimizing medication management with clients with various conditions, including extreme states, incorporating a variety of influences that focus on the transformative aspects of the client-practitioner relationship. She has an abiding interest in alternatives to conventional psychiatry.

Michael Guy Thompson, PhD, received his psychoanalytic training from R. D. Laing, with whom he was in supervision, and Hugh Crawford at the Philadelphia Association in London, and served as the organization's administrator from 1973 to 1980. He is Personal and Supervising Analyst and Faculty Member, Psychoanalytic Institute of Northern California, San Francisco, and Adjunct Professor at the California Institute of Integral Studies, in San Francisco. He is the author of numerous journal articles, book chapters, and reviews, as well as five books, *The Death of Desire: A Study in Psychopathology* (1985), *The Truth About Freud's Technique: The Encounter with the Real* (1994), and *The Ethic of Honesty: The Fundamental Rule of Psychoanalysis* (2004), *The Legacy of R. D. Laing: An Appraisal of His Contemporary Relevance* (2015), and most recently, *The Death of Desire: An Existential Study in Sanity and Madness* (2016), an extensively revised and expanded edition of the original, published by Routledge. He is founder and director of Gnosis Retreat Center, a refuge for people in crisis, modeled on his work with R. D. Laing in London, and lives in Marin County, CA.

Connor Tindall is a doctoral candidate at the California Institute for Integral Studies, in the PsyD program in Clinical Psychology.

Andrew Turkington, RN, LMFT, trained as a psychiatric nurse in the U.K. and later moved to the U.S. where he received his psychoanalytic training from Michael Guy Thompson and associates at Free Association, Inc. in San Francisco. He now teaches Psychiatric Nursing at Unitek College in Hayward, California and is in private practice in Alameda and San Francisco. His interests include phenomenology and scepticism.

Dina Tyler is a Co-Founder and Board Member of the Bay Area Hearing Voices Network and is a facilitator of the Voices, Visions, and Different Realities Support group in San Francisco, California. She is the Co-Director of the Bay Area Mandala Project, a group working to create whole health alternatives for people experiencing extreme states, and was awarded the prestigious Peer Specialist of the Year by the National Council for Behavioral Health in 2015.

Scott Von, OMD, PhD, is a physician, psychoanalyst, philosopher, and poet. He is founder and director of the New Clinic for Integral Medicine and Psychiatry. He completed his Doctor of Medicine at the American College of TCM with residencies in neurology and psychiatry, and advanced training in acupuncture and homeopathy and PhD in psychoanalysis from the University of London.